

Weight Gain Shakes

Chunky Monkey

\$6.50

- Skim Milk
- Chocolate First String
- Banana
- Peanut Butter

Calories: 726
Protein: 43g
Fat: 20g
Carbs: 97g
Sugar: 37g
Fiber: 8g

Banana Blast

\$5.75

- Skim Milk
- Vanilla First String
- Banana
- Cinnamon

Calories: 531
Protein: 35g
Fat: 4g
Carbs: 90g
Sugar: 35g
Fiber: 4g

Coffee Muscles

\$6.00

- Skim Milk
- Chocolate First String
- Starbucks VIA Instant Coffee

Calories: 431
Protein: 34g
Fat: 4g
Carbs: 64g
Sugar: 20g
Fiber: 3g

Cinnamon Bun

\$5.00

- Skim Milk
- Vanilla First String
- Cinnamon

Calories: 426
Protein: 34g
Fat: 4g
Carbs: 63g
Sugar: 20g
Fiber: 1g

Results Are Earned